

PEOPLE NEEDED FOR RESEARCH:

WHAT INFLUENCES THE WAY PEOPLE OVER THE AGE OF 65 SHOP, COOK AND EAT?

Who can take part?

- Individuals aged 65 and above regardless of their level of involvement in food shopping and cooking.
- Individuals aged 18 and above who provide support to relatives or neighbours (aged over 65) with their food shopping and cooking.

What does the study involve?

- Attending a 2-hour group discussion to share your experiences at the **Spectrum Centre, Inverness on Friday, 31st May 2024.**

What is the benefit of taking part?

- You will be contributing to an important piece of research for Food Standards Scotland.
- You will receive a £25 supermarket voucher or charity donation of your choice for taking part.

How to take part or find out more information?

- Please contact: Dr Ellen Evans at elevans@cardiffmet.ac.uk on 07867176544, or sign-up online at <https://tinyurl.com/Over65Food>

Food Standards Scotland

SEFARI
LEADING IDEAS
FOR BETTER LIVES



ZERO2FIVE
Food & Drink Research Unit

Project reference number: Sta_8405

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