

Annexe 1. Simulation Results: Scottish Dietary Goals, Figures

Figure 1. Impact of reducing meat and dairy on the percentage of children and young people aged 2 to 15 years living in Scotland (2024) meeting the Scottish Dietary Goal for energy density.

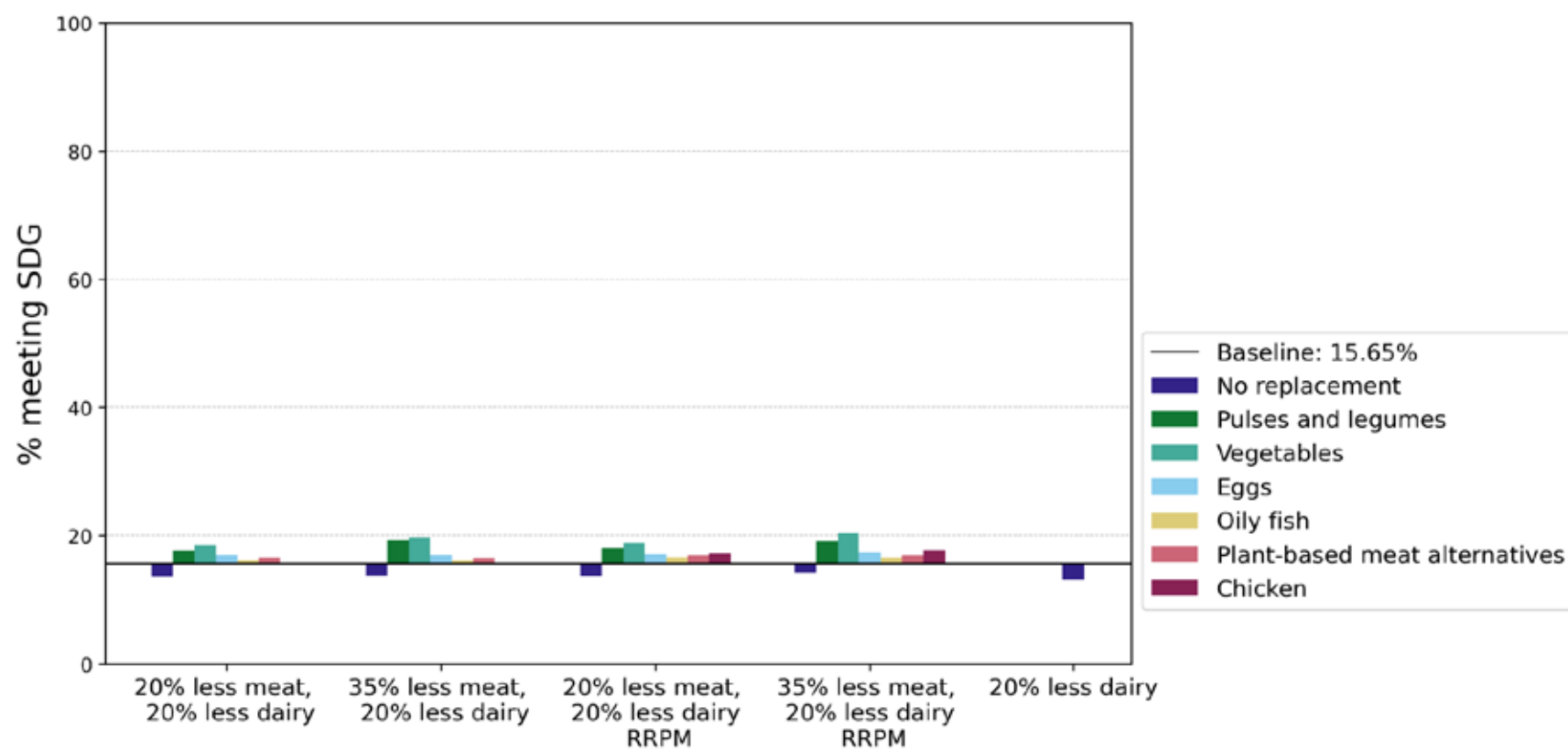


Figure 2. Impact of reducing meat and dairy on the percentage of children and young people aged 2 to 15 years living in Scotland (2024) meeting the Scottish Dietary Goal for total fat.

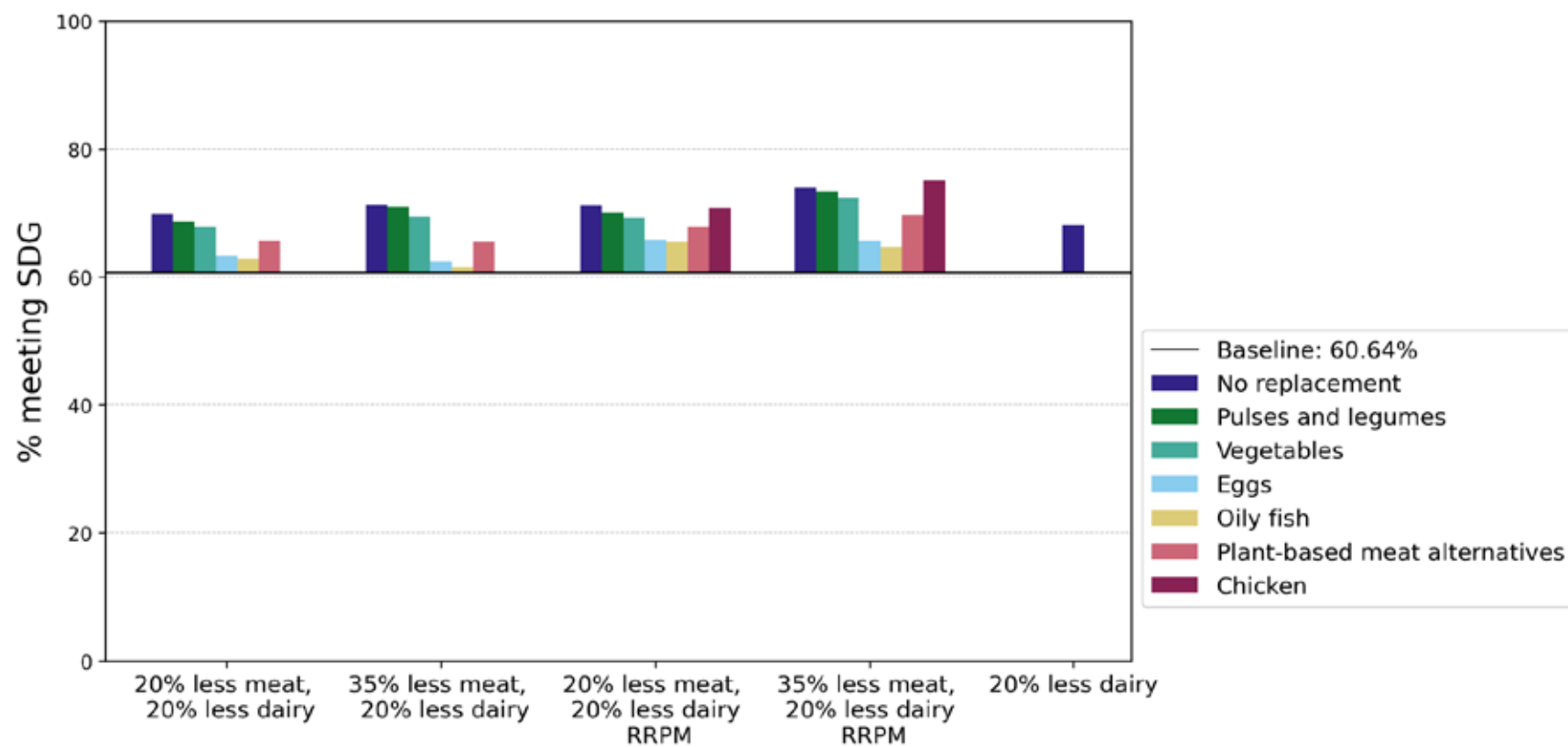


Figure 3. Impact of reducing meat and dairy on the percentage of children and young people aged 2 to 15 years living in Scotland (2024) meeting the Scottish Dietary Goal for saturated fat.

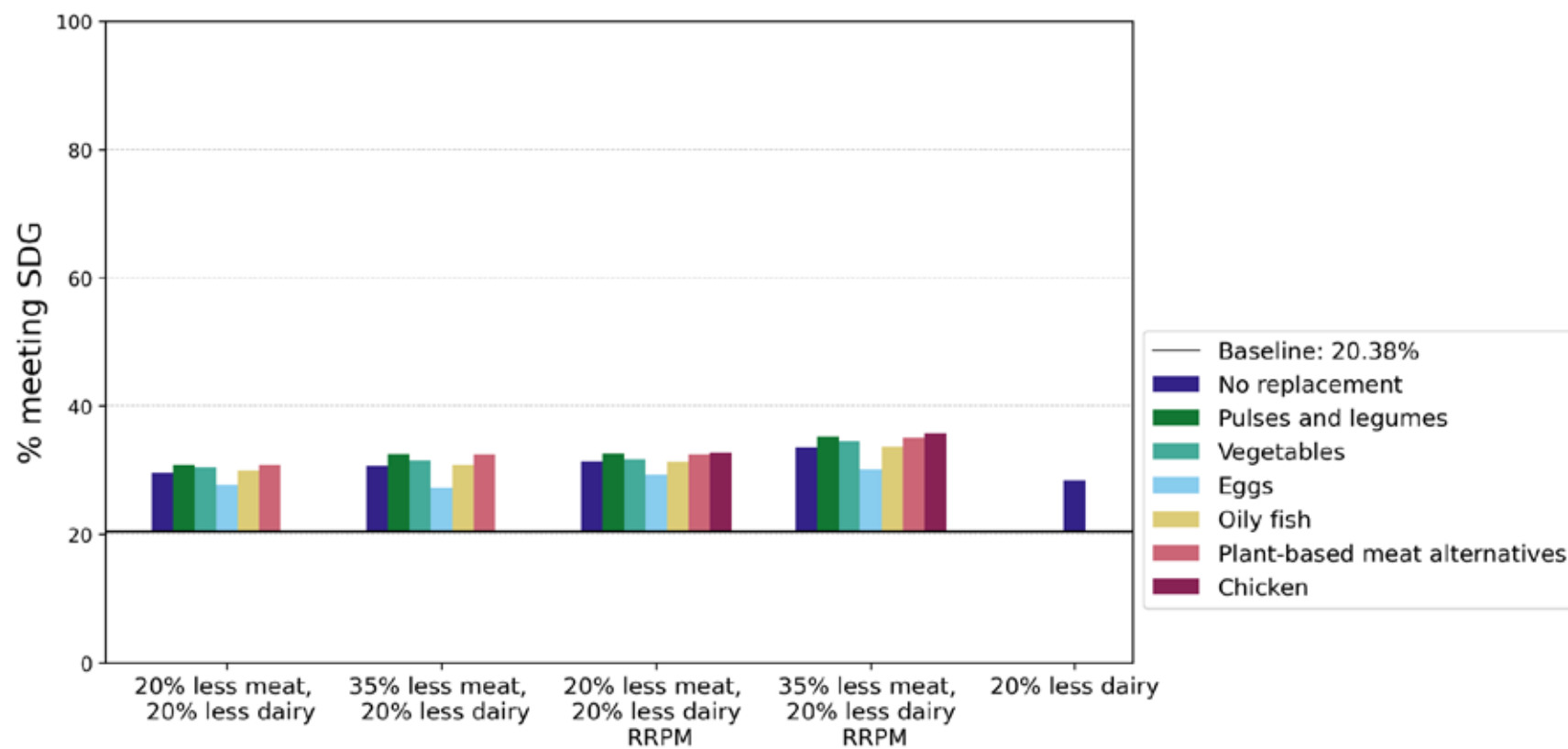


Figure 4. Impact of reducing meat and dairy on the percentage of children and young people aged 2 to 15 years living in Scotland (2024) meeting the Scottish Dietary Goal for free sugars.

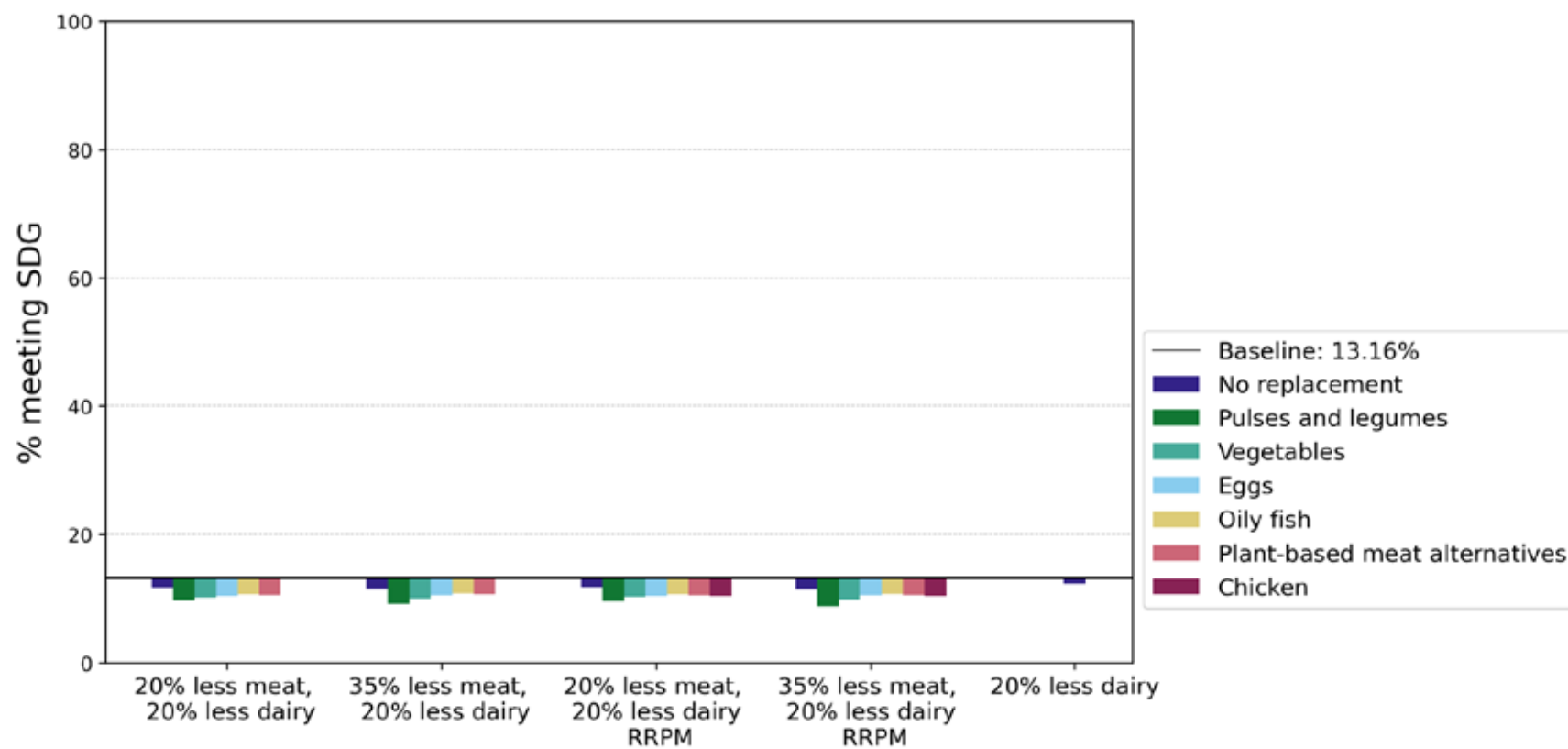


Figure 5. Impact of reducing meat and dairy on the percentage of children and young people aged 2 to 15 years living in Scotland (2024) meeting the Scottish Dietary Goal for total carbohydrates.

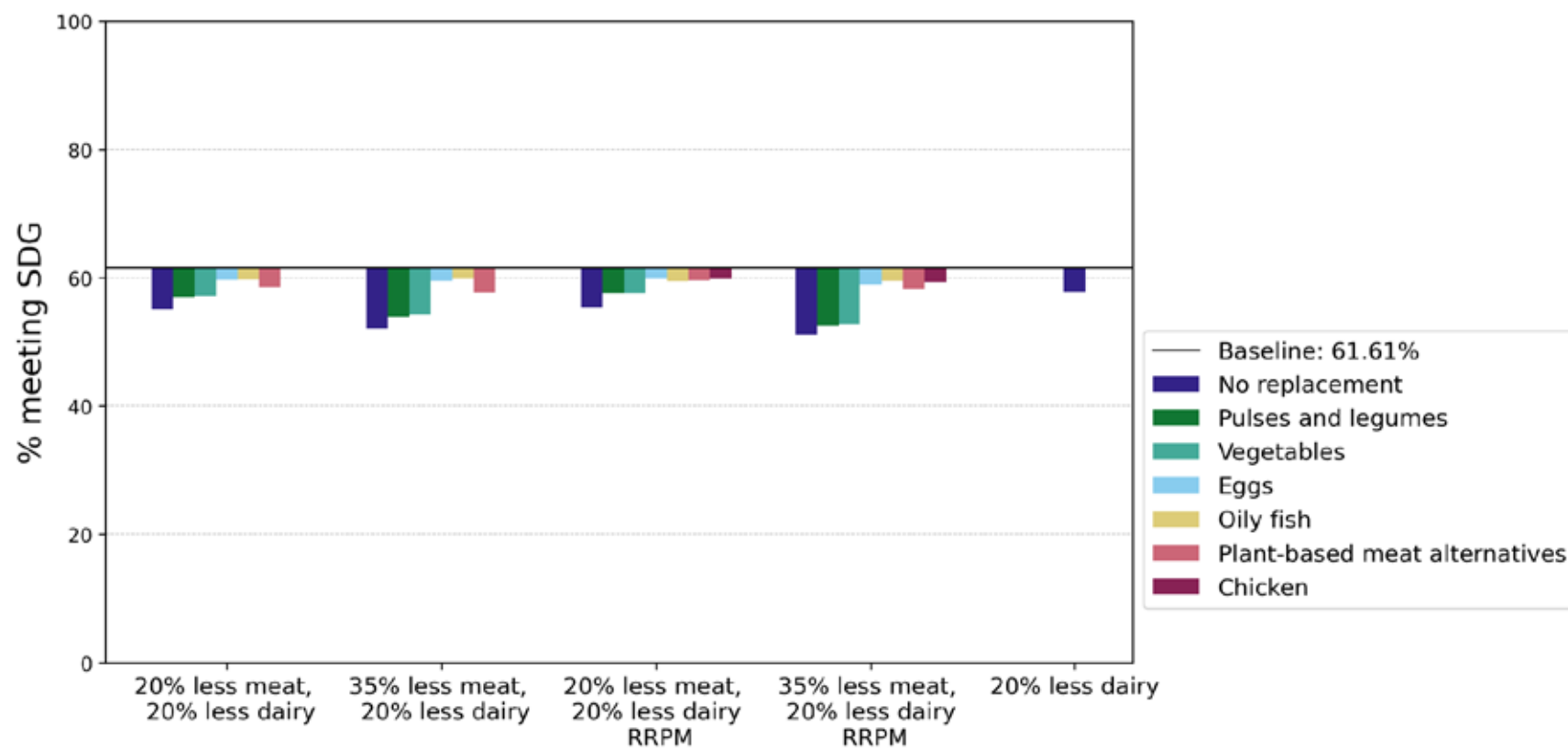


Figure 6. Impact of reducing meat and dairy on the percentage of children and young people aged 2 to 15 years living in Scotland (2024) meeting the Scottish Dietary Goal for fibre.

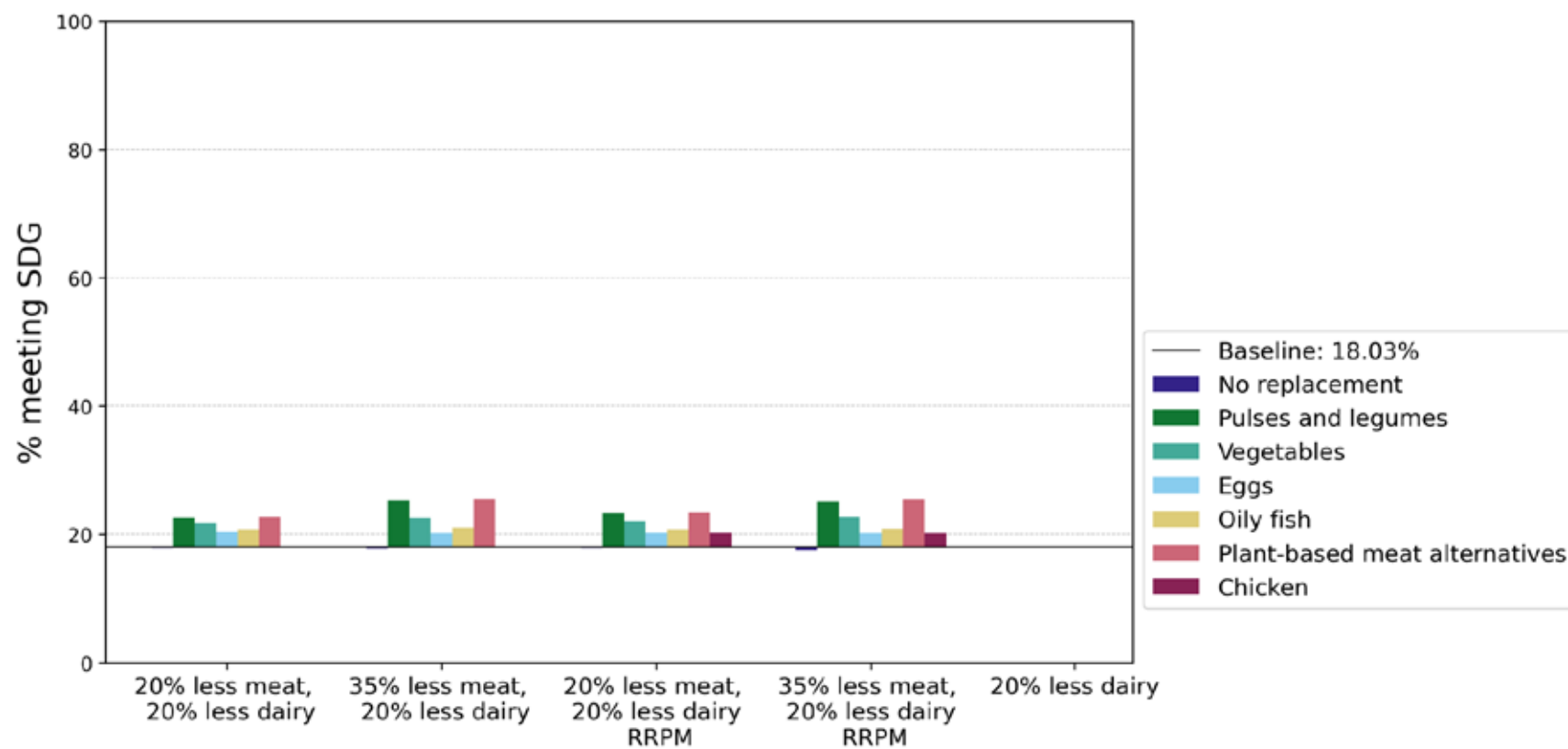


Figure 7. Impact of reducing meat and dairy on the percentage of children and young people aged 2 to 15 years living in Scotland (2024) meeting the Scottish Dietary Goal for salt.

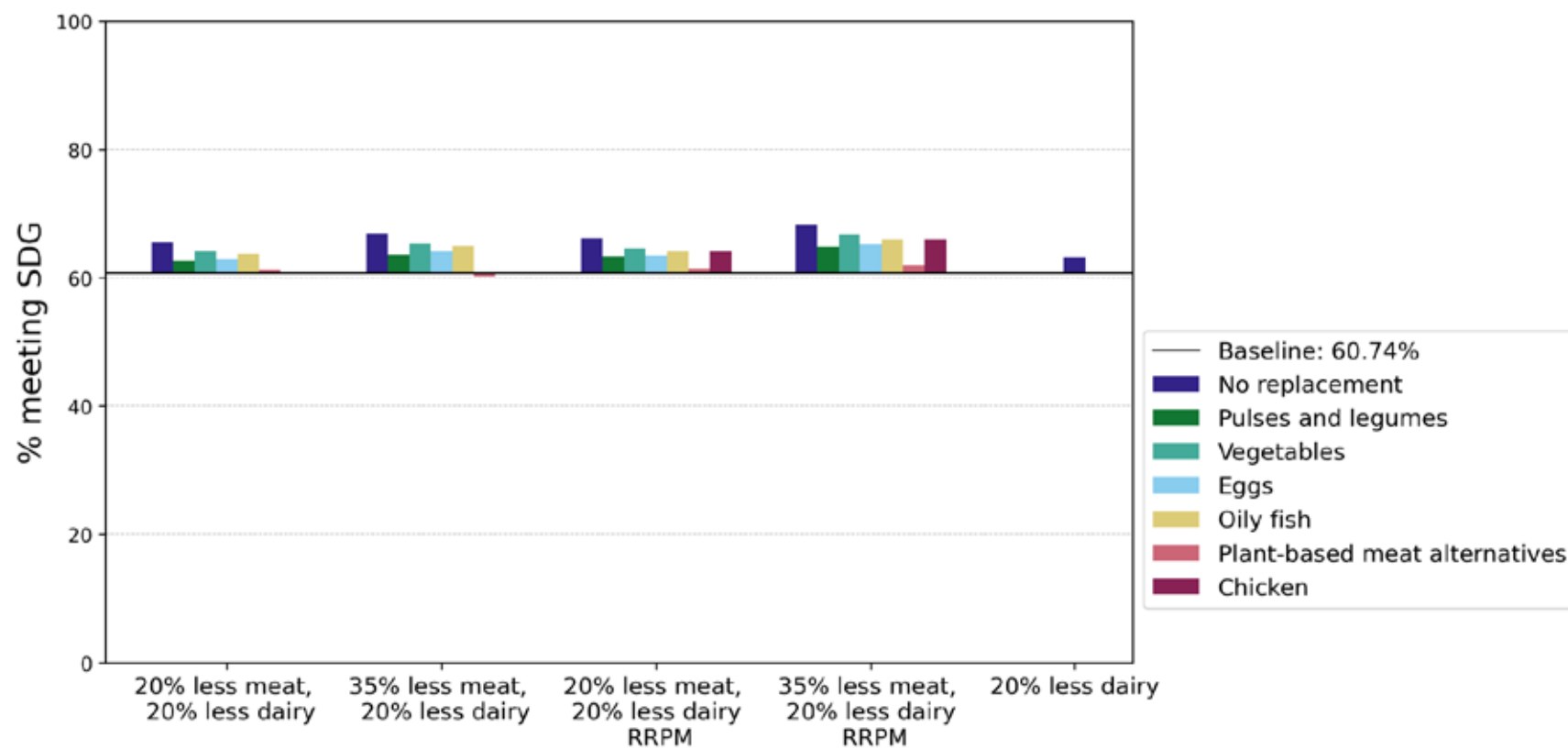


Figure 8. Impact of reducing meat and dairy on the percentage of children and young people aged 2 to 15 years living in Scotland (2024) meeting the Scottish Dietary Goal for fruits and vegetables.

