



Scottish Centre for  
Social Research



UNIVERSITY  
OF ABERDEEN

Our reference: P7070 /

Dear

### Scottish Children's Diet Study 2010

The *Scottish Centre for Social Research* is carrying out the interviews for this important study of what children in Scotland eat. The University of Aberdeen is also part of the study team. The study is being conducted on behalf of the Food Standards Agency in Scotland.

Your child, \_\_\_\_\_, has been randomly selected from children living in Scotland, aged 3 to 16 years in July 2010, to be included in the study. A short while ago you should have received a letter telling you about the study and inviting you to take part. One of our interviewers will visit you shortly to ask for an interview at a time that suits you. Our interviewers always carry an identification card, which includes their photograph and our logo, as shown at the top of this letter.

The interviewer will treat everything you say in strictest confidence in accordance with the Data Protection Act. No report of the survey will identify you or your family.

Before the interviewer visits, please complete the enclosed questionnaire on behalf of the child named above. If your child is 12 or older then we would like them to complete the questionnaire themselves, with help from you if needed. Please read the instructions before you/your child completes the questionnaire. When the interviewer visits they will pick up the completed questionnaire.

We have enclosed a voucher as a token of our thanks for completing the enclosed questionnaire and taking part in the study. The enclosed leaflets also explain more about the study. You can also call us on **FREEPHONE 0800 652 4569** if you have any questions.

Thank you for helping us with this study.

Yours sincerely,

*STE. Hall*

Jackie Hall  
**Project Supervisor**