**Suggested social media tweets and posts:**

Have you seen the campaign from @fsscot? It’s time to say #NoToUpsizing – find out how here: **(campaign link) – Image 1**

The latest campaign from @fsscot shows how we can say #NoToUpsizing – find out more about where upsizing happens: **(campaign link) – Image 2**

Saying yes to upsizing could lead to an upsized you. We are with @fsscot and think it’s time to say #NoToUpsizing. Play the game here **(campaign link) – Image 3**

**Image 1**



**Image 2**



**Image 3**

