

Examples of food and drink with their best before dates

<p>BREAD</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 3 days from today's date)</p>	<p>APPLES</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 6 days from today's date)</p>	<p>DRIED PASTA</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 2 years from today's date)</p>
<p>STRAWBERRIES</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 2 days from today's date)</p>	<p>PEPPERS</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 3 days from today's date)</p>	<p>CEREAL</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 10 months from today's date)</p>
<p>TIN SOUP</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 1 year and 6 months from today's date)</p>	<p>JAR SWEET AND SOUR SAUCE</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 7 months from today's date)</p>	<p>DRINKING CHOCOLATE</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 1 year and 2 months from today's date)</p>
<p>NO ADDED SUGAR SQUASH</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 11 months from today's date)</p>	<p>CAN OF DRINK</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 5 months from today's date)</p>	<p>CRISPS</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 1½ months from today's date)</p>
<p>CAKE</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 2 weeks from today's date)</p>	<p>TIN TUNA</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 2½ years from today's date)</p>	<p>FROZEN HADDOCK</p> <p>Best before __ / __ / 20__</p> <hr/> <p>(insert 1 year from today's date)</p>

Examples of food and drink with their use by dates

<p>BACON</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 3 weeks from today's date)</p>	<p>SANDWICH</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 1 day from today's date)</p>	<p>HOUMOUS</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 5 days from today's date)</p>
<p>CHICKEN CURRY (READY MEAL)</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 5 days from today's date)</p>	<p>CUT UP FRESH PINEAPPLE</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 2 days from today's date)</p>	<p>FRESH SALMON</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 4 days from today's date)</p>
<p>SAUSAGE ROLLS</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 7 days from today's date)</p>	<p>LASAGNE (READY MEAL)</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 7 days from today's date)</p>	<p>FRUIT YOGHURT</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 4 days from today's date)</p>
<p>SAUSAGES</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 6 days from today's date)</p>	<p>SPREADING CHEESE</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 5 days from today's date)</p>	<p>COTTAGE CHEESE</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 3 days from today's date)</p>
<p>BAGGED SALAD</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 1 days from today's date)</p>	<p>HAM</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 14 days from today's date)</p>	<p>FRESH CHICKEN BREASTS</p> <p>Use by __ / __ / 20__</p> <hr/> <p>(Insert 4 days from today's date)</p>