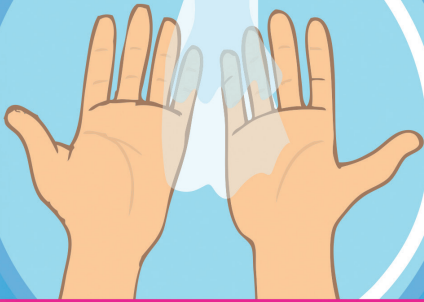


# WASH YOUR HANDS

Germs on your hands can make you ill, follow our tips for hand washing skills!

1



Wet your hands

2



Add soap to both hands

3



Rub hands together

4



Cover hands with soap

5



Clean between fingers

6

This should take about as long as it takes to sing "Happy Birthday" ...twice

7



Rinse all the soap off

8



Dry your hands completely