

FOOD STANDARDS SCOTLAND: DIET AND NUTRITION REMIT

The diet and nutrition remit for Food Standards Scotland should be a leadership role and focused on:

- a. Creating an authoritative primary source of evidence-based diet and nutrition advice for Ministers, delivery partners and consumers about diets conducive to good health to support the Scottish Dietary Goals;
- b. Providing a strategic co-ordination of diet and nutrition research and surveillance, through partnership working, to help ensure the effective use and application of resources. To advise on, publicise and develop policy in respect of the Scottish diet;
- c. Providing the guidance and expertise necessary to ensure coherent and aligned delivery of dietary health improvement;
- d. Advising Ministers, making recommendations, where appropriate, on actions that improve dietary health.

Ministers expect Food Standards Scotland to lead a co-ordinated approach through working in partnership to:

- build on the existing FSA in Scotland remit for diet and nutrition to ensure that public health nutrition policy protects the health of the Scottish population and puts the consumer first;
- be the primary source of impartial and evidence-based public health nutrition advice for consumers, health and education professionals and policy makers in Scotland;
- be involved in the provision of all consumer focussed diet and nutrition advice to ensure it contributes positively to achieving the Scottish Dietary Goals;
- improve the nutritional quality of food and drink in the Scottish food chain;
- contribute to improvement in health outcomes by providing evidence-based advice on diet and nutrition for all public sector areas such as the NHS, prisons, care homes and schools;
- ensure effective targeting of research and surveillance on diet and nutrition in Scotland to provide information on which to revise and develop dietary policy for Scotland, through an open and transparent tender processes;
- be responsible for co-ordinating all relevant diet and nutrition SG-funded research.