# **FSS Handwashing Tracker – questionnaire**

# **ASK ALL**

Q1 Thinking about when you are at home at the moment. How often, if at all, do you wash your hands?

Please select one answer for each statement.

RANDOMISE ROWS -1-5, PROGRESSIVE GRID. FORWARD/REVERSE COLS 1-4

#### ROWS

- 1. Before cooking a meal or preparing food
- 2. Before eating
- 3. After contact with animals, including pets
- 4. After handling rubbish
- 5. When you get home, for example, after a trip out of your home

# **COLUMNS**

- 1. Never
- 2. Sometimes
- 3. Most of the time
- 4. Always
- 5. Not applicable (FIX)

#### **ASK ALL**

Q2 Thinking about when you are at home at the moment, how often do you wash your hands in each of the following ways?

RANDOMISE ROWS -1-4, PROGRESSIVE GRID. FORWARD/REVERSE COLS 1-4

Select only one per statement

# **ROWS**

- 1. With water on its own
- 2. With soap/handwash and warm water
- 3. With soap/handwash and cold water
- 4. With hand sanitising wipes or gel

# IF SELECT 'ALWAYS' ON OPTIONS LISTED AT Q2 SKIP TO Q3 COLUMNS

- 1. Never
- 2. Sometimes
- 3. Most of the time
- 4. Always
- 5. Prefer not to say (FIX)

#### **ASK ALL**

Q3 Thinking about when you are at home at the moment. How many seconds do you spend washing your hands each time?

Please type your answer using whole numbers (whole numbers only no ranges)

ANSWER TO RANGE FROM 0-	-90 ALLOW FOR DON'T KNOW
-------------------------	--------------------------

# **ASK ALL**

Q4 Thinking about eating outside of your home at the moment. How often, if at all, do you wash your hands, or use hand sanitising wipes or gels before eating in the following situation?

# RANDOMISE ROWS -1-4, PROGRESSIVE GRID. FORWARD/REVERSE COLS 1-4

Please choose one per situation

# **ROWS**

- 1. a picnic outside of the home
- 2. eating in a restaurant
- 3. consuming a take-away outside of the home
- 4. eating snacks (like crisps, nuts, raisins or an ice cream) with your hands outside of the home

#### **COLUMNS**

- 1. Never
- 2. Sometimes
- 3. Most of the time
- 4. Always
- 5. I am not doing this activity at the moment (FIX)

# **ASK ALL**

Q5 Does frequently washing your hands result in you having sore hands?

# **SINGLE CODE**

Please select only one

Yes – to go Q6

No - skip to Q7

#### **ASK IF YES AT Q5**

Q6 What impact, if any, does getting sore hands have on the frequency with which you wash your hands?

# FORWARD/REVERSE OPTIONS 1-6. SINGLE CODE

Please select only one

- 1. I wash my hands a lot more often
- 2. I wash my hands a little more often
- 3. It makes no difference to how often I wash my hands
- 4. I wash my hands a little less often
- 5. I wash my hands a lot less often
- 6. I avoid washing my hands
- 7. Don't know (FIX)

# **ASK ALL**

Q7 At the moment, how often, if at all, do you wash your hands ...?

RANDOMISE ROWS -1-2, PROGRESSIVE GRID. FORWARD/REVERSE COLS 1-4

Please select one answer for each statement.

#### **ROWS**

- 1. After blowing your nose, sneezing or coughing into your hands
- 2. After using the toilet

# **COLUMNS**

- 1. Never
- 2. Sometimes
- 3. Most of the time
- 4. Always
- 5. Prefer not to say (FIX)

#### **ASK ALL**

Q8 At the moment what action, if any, do you usually take if handwashing facilities are not available?

RANDOMISE ROWS -1-4, PROGRESSIVE GRID. FORWARD/REVERSE COLS 1-4

Please select one answer for each situation

#### **ROWS**

- 1. after using public transport
- 2. before drinking in a pub
- 3. attending a sports event
- 4. attending a social event

# **COLUMNS**

- 1. I don't take any action and live with it
- 2. I carry and use hand sanitising gel
- 3. I carry and use wet wipes or tissues
- 4. I wash my hands at the next available opportunity
- 5. I am not doing this activity at the moment (FIX)

# **ASK ALL**

Q9 How often, if at all, do you find handwashing facilities are not available, or not usable, in the following places at the moment?

RANDOMISE ROWS -1-6, PROGRESSIVE GRID. FORWARD/REVERSE COLS 1-4

Please select one answer for each place

#### **ROWS**

- 1. takeaways
- 2. cafes and restaurants
- 3. pubs/clubs
- 4. sports and music events
- 5. cinema and theatre venues
- 6. public toilets

#### **COLUMNS**

- 1. Never
- 2. Sometimes
- 3. Most of the time
- 4. Always
- 5. I am not doing this activity at the moment (FIX)

# **ASK ALL**

Q10 As part of your current job role, do you handle open food? (This might be a voluntary or paid role)

By open food, we mean food products or ingredients that will be consumed by other people which are not protected by packing.

Please select only one

- 1. Yes I am currently in a role that handles food
- 2. Yes but I'm not working due to furlough
- 3. No

# **ASK ALL**

Q11 Do you have any pets at home?

Please select only one

- 1. Yes
- 2. No