FSS C-19 Tracker –questionnaire

ASK ALL
Q0. Which, if any, of the following applies to you? *Please select from the options listed*
MULTICODE -1-5, RANDOMISE 1-5

1. I, or a member of my household, is in the shielded patient category and is advised to self-isolate for 12 weeks
2. I, or a member of my household, have suspected Covid-19 symptoms
3. I have physical or mental health condition(s) or illness(es) that has lasted or is expected to last 12 months or more
4. None of these **[SINGLE CODE, FIX]**
5. Prefer not to say **[SINGLE CODE, FIX]**

ASK ALL
Q1. To what extent, if at all, are you worried about there not being enough food available for you/your household to buy in the next month? *Please select one answer only*
SINGLE CODE, FORWARD/REVERSE CODES

1. Very worried
2. Somewhat worried
3. Not very worried
4. Not at all worried
5. Don't know **FIX**
6. Prefer not to answer **FIX**

ASK ALL
Q3. To what extent, if at all, are you worried you/your household will not be able to afford food in the next month? *Please select one answer only*
SINGLE CODE, FORWARD/REVERSE CODES

1. Very worried
2. Somewhat worried
3. Not very worried
4. Not at all worried
5. Don't know **FIX**
6. Prefer not to answer **FIX**

ASK ALL
Q2. In the last month have you cut down the size of your meals or skipped meals for any of the following reasons? *Please select one answer for each statement.*
RANDOMISE ROWS 1-5. PROGRESSIVE GRID, SINGLE CODE PER ROW

ROWS
1. You did not have enough money to buy food
2. You (or others in your household) were not well enough to shop or cook food
3. You had no means to get to the shops to buy food
4. You were unable to get a delivery of food or obtain it in other ways

   COLUMNS
   1. Yes, this happened every week
   2. Yes, this happened some weeks but not every week
   3. Yes, this happened just one week in the last month
   4. No, never
   5. Don't know/can't remember
   6. Prefer not to answer

ASK ALL
Q3 Compared to the period before lockdown, have you done any of the following more or less often? *Please select one answer for each statement.*
SINGLE CODE PER ROW. RANDOMISE ROWS. PROGRESSIVE GRID.
FORWARD/REVERSE COLUMNS 1-5

ROWS
1. Had an online food delivery from a supermarket
2. Purchased food from a takeaway, either direct or online
3. Purchased food from a local supplier (i.e. farm shops, veg box), either direct or online
4. Had a food delivery from an online food ordering company (e.g. Deliveroo, Just Eat, Uber Eats)

COLUMNS
1. A lot more
2. A little more
3. About the same
4. A little less
5. A lot less
6. I never do this

ASK ALL HAVING TAKEAWAY/DELIVERY LESS (Q3_2 OR 4 = 4-5)
Q4B Which, if any, of the following are reasons why you are buying food from a take-away less often compared to the period before lockdown? *Please select from the options listed*
RANDOMISE, MULTICODE 1-8

1. Take-aways not open
2. Cooking more at home
3. Eating more healthily
4. Can't afford take-aways
5. Concern about Covid-19
6. Want to save money
7. Concern about adequate food hygiene
8. Want to follow guidelines of staying at home
9. Other (specify) **FIX**

ASK ALL
Q4. In the last month, how often, if at all, have you arranged for food to be delivered to your house in the following ways? *Please select one answer for each statement.*
SINGLE CODE PER ROW. PROGRESSIVE GRID. RANDOMISE ROWS 1-8

ROWS
1. From Facebook Marketplace
2. Through a food sharing app (e.g. Olio)
3. Through a government or local authority scheme
4. Through a food charity or food bank

COLUMNS
1. Every week
2. Some weeks but not every week
3. Just one week in the last month
4. I have not done this in the last month
5. Don't know/can't remember
6. Prefer not to answer

ASK ALL
Q5. In the last month have you or anyone in your family eaten any of the following foods that has gone past its 'use by' date? *Please select one answer for each food.*
SINGLE CODE PER ROW. RANDOMISE ROWS. PROGRESSIVE GRID.

ROWS
1. Cooked meats
2. Smoked fish
3. Bagged salads
4. Cheese
5. Milk

COLUMNS
1. Yes, this happened every week
2. Yes, this happened some weeks but not every week
3. Yes, this happened just one week   in the last month
4. No, never
5. Don't know/can't remember
6. Prefer not to say

ASK ALL
Q7 In the last month, have you done any of the following more or less often**?**
Please select one answer for each statement.
RANDOMISE ROWS 1-10. PROGRESSIVE GRID. SINGLE CODE PER ROW.
FORWARD/REVERSE COLUMNS 1-5

ROWS
1. Cooked food from scratch
2. Cooked to freeze food for later
3. Wasted or thrown away food
4. Bought processed food
5. Eaten different food as I rely on others for my supplies
6. Eaten together with the family
7. Snacked on cakes, biscuits, confectionery and savoury snacks
8. Bought food from local shops
9. Eaten healthy meals
10. Eaten meat

COLUMNS
1. A lot more
2. A little more
3. About the same
4. A little less
5. A lot less
6. I have not done this in the past month

ASK ALL
Q8 How often, if at all, do you do each of the following?
Please select one answer for each statement.
SINGLE CODE PER ROW. RANDOMISE ROWS. PROGRESSIVE GRID.

ROWS
1. Cook food until it is steaming hot throughout
2. Follow instructions on food packaging which tells you how long food should be stored once opened
3. Washing raw chicken
4. Use different chopping boards for different foods
5. Check use-by dates when you are about to cook or prepare food

COLUMNS
1. Always
2. Most of the time
3. Sometimes
4. Never
5. I don't cook

ASK ALL
Q9 How often, if at all, did you buy food from take-aways?
Please select one answer for each statement.
PROGRESSIVE GRID. SINGLE CODE PER ROW.

ROWS
    a) before lockdown
    b) in the last month

COLUMNS
1. 4 times a week or more
2. 2 to 3 times a week
3. At least once a week
4. At least once a fortnight
5. At least once a month
6. Less often than once a month
7. Never
8. Don't know