CHECKLIST:
Food business operations during COVID-19

FSS has a COVID-19 Risk Assessment Tool for Food Business Operations and this checklist supports the risk assessment tool by summing up the key areas that need to be assessed to ensure the safe operation of your food business during COVID-19. The risk assessment tool and checklist reflect the information contained in the updated Scottish Government COVID-19 Strategic Framework which sets out a series of stages to suppress the virus to the lowest possible level and keep it there, while striving to return to a more normal life for as many people as possible.

This checklist and the risk assessment tool supplements the over-arching guidance issued by Scottish Government which is aimed at helping all manufacturing and retailing sectors in adapting to new ways of working which will ensure employees and customers are protected from COVID-19.

Re-starting will involve additional checks on your Food Safety Management System (FSMS) as well as a review of Health and Safety and Infection Prevention and Control measures you will need to apply to prevent the spread of COVID-19 across your business. FBOs should continue to follow existing guidance on food hygiene and Hazard Analysis Critical Control Point (HACCP) processes. During this period it is very important that you maintain an up to date awareness of guidelines published by Food Standards Scotland, Health Protection Scotland, and Scottish Government on COVID-19 control measures and food safety requirements. Further guidance and information on COVID-19 for food businesses is available on the Gov.UK and Food Standards Agency websites. The Institute of Food Science and Technology has also developed a COVID-19 knowledge hub which food businesses can access for scientific advice, guidance and useful links on COVID-19.

COVID-19 MITIGATION MEASURES applicable to food businesses

In line with Scottish Government advice, all food businesses are required to follow FACTS:

- **F** – face coverings (ensure staff and customers adhere to the mandatory requirements, and that workplaces endorse and support staff in following best practice in the use of face coverings)

- **A** – avoid crowded places (ensure physical distancing is adhered to throughout the workplace, and that measures are in place to ensure there are no opportunities for staff and customers to congregate)

- **C** – clean hands and surfaces regularly (strengthen adherence to hand hygiene practice and apply effective cleaning and disinfection throughout the workplace)

- **T** – the two metre rule should be applied wherever possible ensuring exceptions are only applied where the circumstances permit and other mitigation measures are in place

- **S** – ensure all staff self-isolate and get tested if they have any of the COVID-19 symptoms, and are supported by managers
Key areas to check

Planning/Preparation for Start-up
- Assess the need for deep cleaning
- Check equipment-fridges and cookers
- Ventilation
- Water supplies-flushing of pipes
- Pest control
- Identify measures for preventing COVID-19

Ingredient and Product Checks
- Checking date labels
- Ensuring appropriate storage
- Reviewing allergen risks
- Assessing impacts of changing suppliers
- Ensuring appropriate packaging

Physical Distancing (Staff)
- Staff rotas/workflow changes
- Ensuring appropriate physical distancing in both work and communal areas
- Physical barriers
- Appropriate use of PPE/face coverings complying with mandatory requirements
- Minimising contact with essential visitors

Physical Distancing (Customers)
- Floor plans and queue management: shop floor, service areas and toilets
- Mandatory face coverings in shops, indoor hospitality and takeaways (when inside collection is permitted)
- Discourage the handling of products and items
- Posters/information
- Contactless payment

Personal Hygiene
- Availability of hand washing facilities
- Regular checks of water supplies
- Stocks of soap and paper towels
- Appropriate use of hand sanitiser
- Training staff in effective handwashing technique

Staff Fitness for Work
- Promote staff awareness of COVID-19 symptoms
- Ensure staff know to stay at home if unwell
- Communicate changes to fitness for work procedures
- Understand obligations relating to Test and Protect strategy

Cleaning and Disinfection
- Chemical checks
- Food contact surfaces
- Identify key touch points
- Review procedures – frequency and methods
- Laundering of uniforms/PPE

Review and update
- On-going review of relevant COVID-19 guidance (NHS, SG, HPS, FSS)
- Ensure staff are aware of any changes to government advice
- Assess impacts on food safety management
It is important that you notify your Local Authority Environmental Health department of your intention to re-start and ask them for specific advice on food safety management and infection prevention and control measures that are relevant to your business.

The checklist below highlights the areas that need to be considered before re-starting a food business during COVID-19. Completing this checklist will help you to think through the areas of your own business where you may need to strengthen your existing food safety and hygiene controls and introduce new measures to protect your staff and customers from COVID-19.

### Planning/Preparation for start-up

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<tr>
<th>What to do</th>
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<td>Contact your Local Authority</td>
<td>• Before re-starting, call your Local Authority Environmental Health department for advice.</td>
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<td>• Refer to the Scottish Government website Coronavirus (COVID-19): Local Protection Levels, for details on the COVID protection level that applies to your local area and the restrictions that apply.</td>
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<td>Water supplies</td>
<td>• Ensure adequate supplies of hot and cold running water.</td>
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<td>• Awareness and resolution of increased risk of Legionella when water systems have been stagnant.</td>
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<td>PPE</td>
<td>• Check stock of standard PPE and laundering facilities.</td>
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<td>Deep clean</td>
<td>• Thorough clean is recommended, with consideration for a professional deep clean.</td>
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<td>Clean work surfaces/equipment/utensils</td>
<td>• Thorough cleaning of all surfaces, equipment and utensils required before use.</td>
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<td>Maintenance of equipment</td>
<td>• Clean and inspect equipment for any repair requirements.</td>
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<td>• Temperature verification required on some appliances.</td>
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<td>• Check ventilation/water systems are working appropriately.</td>
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<tr>
<td>Ensure fridges, chilled display equipment and freezers are working properly</td>
<td>• Confirm temperatures are maintained as appropriate, particularly after cleaning.</td>
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<td>• Refer to temperature control records where available.</td>
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<td>Dish/glasswasher check</td>
<td>• Clean and run washers empty on hot cycle before use.</td>
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<tr>
<td>Temperature probe check</td>
<td>• Cleaning and re-calibration of all probes required before use.</td>
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<td>• Ensure probe wipes are available.</td>
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<td>Pest control</td>
<td>• Look for evidence of pests (e.g. signs of damage to food packaging, markings, droppings, etc), and take any necessary action to eliminate.</td>
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- Reset pest control schedule.

**Ventilation**
- Assess the need to adjust ventilation and heating/air conditioning systems to improve air flow.

### Ingredient and product checks

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| **Ingredients supply**                              | - Check with suppliers that raw materials and ingredients are still available which enable you to produce according to specifications.  
- If you are required to make changes to raw materials and ingredients check that you are purchasing them from reputable suppliers. |                           |
| **Check use by/best before dates and discard any food as necessary** | - Ensure food is within date and has been stored correctly before use, in-line with manufacturer’s instructions.                                                                                             |                           |
| **Allergen and labelling information is accurate for all items** | - Review allergen risks - identify allergens in your products. Also consider deliveries, storage of ingredients and preparation of dishes, including potential for cross contamination.  
- Ensure appropriate documentation if using new suppliers or alterations to products.  
- Assess all labels, ensure menus and packaging accurately reflect the allergens present.  
- Ensure staff know what allergens are in each dish so they can provide customers with the necessary information.  
- Consider allergen risks when packaging and transporting food (e.g. don’t have a product with a sauce containing an allergen in the same bag/box as an allergen-free meal).  
- Review new takeaway or delivery services to ensure accurate allergen information can be provided at point of sale and upon delivery. |                           |
| **Check for damage to any food packaging that could affect the contents** | - Discard as appropriate to ensure food safety and quality.                                                                                                                                                     |                           |
| **Check for any evidence of temperature abuse**     | - Refer to temperature control records where available.  
- Discard any food that is not within the required temperature parameters.                                                                                                                                     |                           |
## Physical distancing measures (staff)

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| Ensure 2m physical distancing in the workplace                            | • Homeworking for office staff.  
• Re-designing of workflow.  
• Measures to prevent non-essential movement between work areas.  
• Floor markings.  
• One-way systems/additional signage. |                                                                                                                                           |
| Implement steps to maintain 2m distancing between staff preparing food and minimise opportunities for contact | • Reduce line speed and workflow.  
• Protective screens/physical barriers.  
• Implement one-way systems.                                                                                                                |                                                                                                                                           |
| Changes to workflow                                                       | • Consider ‘working teams’ to avoid unnecessary staff interaction.  
• Review staff numbers and staff interaction with others, including customers.  
• Staggered working/break hours.                                                                                                             |                                                                                                                                           |
| Assess the need for additional measures where 2m distancing is difficult to maintain, or in certain sectors with exceptions to the 2m rule | • Clear one-way systems with appropriate signage.  
• Physical barriers (e.g. Perspex screens) between work stations.  
• Increased ventilation.  
• Risk assessment on need for any additional PPE and face coverings during food preparation and to ensure appropriate use.  
• Mandatory wearing of face coverings by staff in food retail and takeaways where no other measures are in place, as well as staff in public facing indoor hospitality venues.  
• Mandatory wearing of face coverings by staff in workplace canteens. Also, in indoor communal areas including corridors and staff rooms, where 2m distancing is difficult to maintain. |                                                                                                                                           |

## Personal hygiene measures (staff)

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| Provide adequate handwashing and cleaning materials for staff            | • Display posters on effective handwashing technique  
• Ensure ample stock of soap, paper towels, hand sanitiser.  
• Check soaps and sanitisers are within date for use.                                                                                       |                                                                                                                                           |
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<td>Design measures for ensuring 2m distancing (or where appropriate, 1m with additional mitigation measures) between customers and staff in service areas</td>
<td>Ensure customers are reminded of the need to wear a face covering in retail, takeaway (when inside collection is permitted) and in indoor hospitality when not eating or drinking. Queue management systems to restrict the number of customers able to enter at any one time and avoid congestion. Review seating and table plans to separate different groups of customers. Implement floor markings, signage and table plans which allow 2m distancing (or where appropriate, 1m with additional mitigation measures). Where it is not possible to implement distancing (e.g. at payment areas), use screening to separate customers and staff. Restrict the unnecessary movement of customers within service areas. Promote online/phone ordering and payment systems.</td>
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<td>Minimise common touch points throughout the premises</td>
<td>Keep doors open where it is possible and safe to do so. Designate points for customer collections. Discourage the handling of products in the premises. Keep tables clear, do not leave menus or cutlery on tables and provide disposable condiments. Encourage contactless payment.</td>
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| Ensure customers practice effective hand hygiene | • Promote effective hand hygiene throughout the premises e.g. posters.  
• Review toilet facilities to ensure adequate supplies of hot water, soap and paper towels.  
• Provide hand sanitiser at entry and exit points, and at payment areas to be used following transactions. |

### Effective cleaning and disinfection

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| Adequate access to cleaning/disinfectant supplies | • Check supply chain of cleaning/disinfectant materials.  
• Ensure cleaning/disinfection products are appropriate for purpose.  
• Ensure chemicals are used within their use by date. |
| Use appropriate cleaning methods | • Ensure products are purchased from reputable suppliers and are effective.  
• Follow instructions for dilution and contact times. |
| Increased regular cleaning throughout workplace | • Increase frequency of cleaning and disinfection, paying close attention to shared spaces and toilets  
• Clean payment devices regularly using alcohol wipes. |

### Staff fitness for work, test and protect and contact tracing

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| Check staff are fit for work | • Consider any adjustments required to fitness for work procedures, related to COVID-19 symptoms.  
• Check that all staff who may be at increased risk of infection are provided with the appropriate support. |
| Ensure staff understand what to do when symptomatic, or in a household with those who have symptoms | • Communicate fitness for work procedures and actions to be taken regarding COVID-19 symptoms to all staff, regardless of location.  
• Review staff knowledge.  
• Promote awareness of [Scotland’s Test and Protect Strategy](http://foodstandards.gov.scot) and record keeping to support contact tracing. |
| Maintain customer records where appropriate to support | • Ensure staff are aware of Scottish Government [Guidance for the Hospitality Sector](http://foodstandards.gov.scot). |
| contact tracing (hospitality sector) | • To comply with the mandatory requirement within hospitality, ensure contact information is collected for all customers on the premises.  
• Raise awareness to customers through the use of posters. |
|------------------------------------|------------------------------------------------------------------------------------------------|
| Additional staff training          | • Train staff on changes within the workplace.  
• Provide understandable system for reporting illness and ensure all staff are aware of the process. |