

Early Level Experiences and Outcomes - Links to FSS Education Resources

The Topics	Experiences and Outcomes	FSS resource
Physical wellbeing Health and wellbeing experiences and outcomes which are the responsibility of all adults working together are shown in italics.	I am developing my understanding of the human body and can use this knowledge to maintain and improve my wellbeing and health. HWB 0-15a	Taste Bud Challenge Germ Outbreak Happy Hands!
	I am learning to assess and manage risk, to protect myself and others, and to reduce the potential for harm when possible. HWB 0-16a	Germ Outbreak Happy Hands!
Food and Health: Nutrition	HWB 0-29a I enjoy eating a diversity of foods in a range of social situations.	Taste Bud Challenge
	HWB 0-30a Together we enjoy handling, tasting, talking and learning about different foods, discovering ways in which eating and drinking may help us to grow and keep healthy.	What's in my Basket? Beat the Clock Taste Bud Challenge
	HWB 0-32a I know that people need different kinds of food to keep them healthy.	Interactive Eatwell Guide Beat the Clock Taste Bud Challenge
Food and Health: Safe And Hygienic Practices	HWB 0-33a I am becoming aware of how cleanliness, hygiene and safety can affect health and wellbeing and I apply this knowledge in my everyday routines such as taking care of my teeth.	Cookin Castle Happy Hands! Crazy Kitchen Taste Bud Challenge

		Germ Outbreak
Food and Health: Food and the Consumer	HWB 0-35a I explore and discover where foods come from as I choose, prepare and taste different foods.	
Food and Health: Food and Textile Technologies	TCH 0-04a I enjoy exploring and working with foods in different contexts. TCH 0-04b I enjoy experimenting with a range of textiles. TCH 0-04c I can share my thoughts with others to help develop ideas and solve problems.	